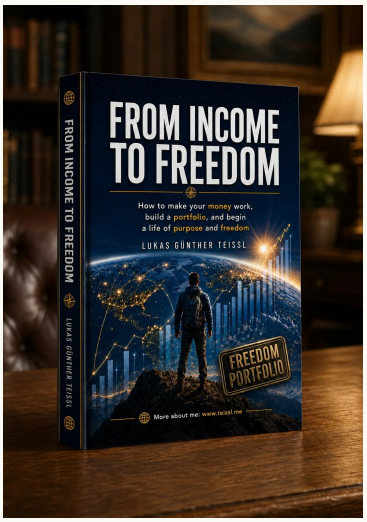
Use your resources thoughtfully

From Income to Freedom

Give your money a sense of direction.

A perspective on managing money, building reserves, creating structure and understanding risk. For people who want to connect financial decisions more thoughtfully with their personal goals.

Book brochure · EN



Lukas Günther Teissl

Understand money. Build structure. Make thoughtful choices.

How it fits my approach to life

For me, greater autonomy comes with responsibility for the resources available to us. This book explores how our choices about money relate to the life we want to shape.

WHAT THE BOOK OFFERS YOU

Look beyond a balance to the choices behind it

You work, earn and carry responsibilities. How closely do your financial choices reflect the life you want to shape? This book connects money management, reserves and portfolio thinking with a personal question: What should your resources make possible? A starting point for understanding financial relationships more clearly and considering your decisions with greater intention.

When an income still leaves questions open

Earnings, regular expenses and longer-term wishes compete for attention. New offers and different opinions about building wealth add to the picture. Understanding the connections helps you ask more useful questions. The book explores that need for structure: What resources are available, which commitments exist, and how do financial decisions relate to the things that matter to you?

Understand the connections

Consider income, expenses, reserves and longer-term goals together, giving each financial question a clearer place in the overall picture.

Ask more useful questions

Examine opportunities and risks more deliberately, and recognise which information you still need before making a financial decision.

Find your own measure

Describe the choices you want to have and the role money plays in your own plans for life.

The book considers money as part of the life you are shaping. It connects financial foundations with responsibility and practical routines, bringing your goals, your overall picture and your approach to uncertainty into the same conversation.

INSIDE THE BOOK

Understand money. Create room to choose.

Managing money consciously

Look at income and expenses as a connected system. The focus is on understanding your position and directing resources in ways that reflect your priorities.

Reserves & stability

Financial reserves and a dependable foundation belong in the planning conversation. The book connects the wish to move forward with attention to security and existing commitments.

Portfolio thinking

Consider wealth building and the relationship between different decisions in a structured way. Explore underlying principles and develop a more organised way of thinking about the subject.

Crypto, opportunity & risk

Cryptocurrencies are considered within the wider context of financial choices. Understanding, responsibility and a conscious approach to uncertainty form part of this topic.

Routines & practical action

Reviewing your position, noticing change and making decisions understandable are everyday activities. Small, repeated actions also shape the way you manage your resources.

Financial autonomy

The question of freedom brings the focus back to your own goals. Using resources thoughtfully includes identifying which possibilities in life matter most to you.

FIND YOUR STARTING POINT

For a more considered relationship with money

An interest in your own decisions is a useful place to begin. The book addresses different situations in which a clearer financial perspective can help.

FOR YOU, IF ...

You want more structure

You want to connect earnings, commitments and wishes, and develop a clearer understanding of your financial situation.

You carry business responsibilities

You want to consider resources more deliberately and relate decisions to longer-term personal and professional goals.

You are exploring wealth building

You want an introduction to underlying ideas, relationships and risks before examining individual possibilities more closely.

What role should your money play?

01 Which possibility in your life would you like a more conscious approach to money to support?

02 Which recurring expenses fit your current priorities, and which would you like to examine more closely?

03 What information do you still need to understand a financial decision you are considering?

An additional reflection exercise created for this brochure and your personal orientation.



THE AUTHOR'S PERSPECTIVE

Connecting resources with the life you want

Lukas Guenther Teissl

Author · IT expert · Entrepreneur

For me, autonomy includes taking responsibility for the resources available to us. I am interested in how decisions about money relate to the life a person wants to shape. That is why this book connects financial foundations with structure and a personal perspective on freedom. I want to encourage a closer look at individual goals and a more conscious understanding of the relationships behind financial choices.

The financial perspective in my collection

Alongside personal perspectives, AI and building a personal brand, my books explore how we use our resources. This title focuses on understanding financial decisions well enough to relate them to your own priorities and goals.

YOUR NEXT STEP

Make financial clarity your next subject to explore.

Your priorities deserve a place in your decisions about money. Choose your edition and start with the question on your mind: gaining a clearer overview, creating more structure or understanding the possibilities you are considering.

Order the book directly

Explore the book online

Take the next thought with you.

Scan the QR code or follow the link. Visit the book page for more insights and the available ways to order.

Visit the book page

Author page on Amazon

Format, price, delivery and any additional services are defined in the current purchase offer.

Questions before your next step

What is included in the book package?

The package includes the book, a free introductory call and 2 additional hours of personal guidance.

Is the book available digitally and physically?

Yes. The book is available as an e-book, as a physical package, and it is also visible on Amazon & Kindle.

Who is this book for?

It is for employees, self-employed people, entrepreneurs and anyone who wants to lead their money more consciously and build freedom over time.

How does ordering work?

The order button leads directly to the secure payment link. Afterwards, the personal guidance can be coordinated.

Discover the book online

The book page shows the current editions and ordering options. Format, price, delivery and any additional services are governed by the current offer.